

Sugar Quiz!

1. How many teeth do adults have?
2. What is the name of the type of teeth that carnivores have most?
3. What is the hardest substance in the human body?
4. What is the maximum daily amount of added sugar you should have?
5. What does 'Added Sugar' mean?
6. What could you do to be 'Drink Smart'?
7. How often does a child in England have a tooth removed in hospital?
8. If you are looking at a food product label, how will you know that you might need to cut down on this sugary food?

