

What is Jousting?

- Jousting was a sport played by knights and lords. Each joust was a fight between two men on horseback with a lance. It wasn't a real fight, like on a battlefield. It was a sport with a set of rules.
- Jousts were organised by men called heralds. Challenges were sent out to the knights. The champions were ranked in order of how good they were (like tennis players today). Large amounts of money were bet on the contests.
- There were teams of challengers and defenders. Riders fought in pairs, one man from each team. They fought an agreed number of times. The men in charge, the marshal and constable, made sure they followed the rules.



