



# Queen's Inclosure Primary School

**Relationships and Sex Education (RSE)  
Consultation with our School Community**

# New Guidance...



- ▶ It has been 20 years since the last review of the curriculum - the world (and how we interact with each other) has changed.
- ▶ New - Relationships Education in Primary Schools.
- ▶ Previous recommendations for teaching Personal, Social, Health Education are now part of the National Curriculum.
- ▶ Sex Education in Primary Schools remains optional, though in Years 5 & 6 the science curriculum form part of what might be considered as sex education - puberty and reproduction.

# What are the changes to KS1 & KS2 statutory requirements?



- ▶ The Health Education and Relationships Education aspects of Personal, Social, Health and Economic (PSHE) education has been compulsory in all primary schools from September 2020.

Relationships Education (RE)	Relationships and Sex Education (RSE)	Health Education (HE)
All schools which are providing primary education, including all through schools and middle schools (includes schools as set out in the Summary section of the 'Draft guidance')	All schools which are providing primary education, including all through schools and middle schools (includes schools as set out in the Summary section of the 'Draft guidance') Sex education is voluntary at primary level and individual schools can decide their own approach.	All maintained schools, including schools with a sixth form, academies, free schools, non maintained special schools and alternative provision, including pupil referral units.
		The statutory requirement to provide Health Education does not apply to independent schools – PSHE is already compulsory as independent schools must meet the Independent School Standards as set out in the (Independent School Standards) Education Regulations 2014



# What does the Statutory Guidance cover?

Relationships Education (Primary)	Health Education (Primary)
<ul style="list-style-type: none"><li>• Families and people who care for me</li><li>• Caring friendships</li><li>• Respectful relationships</li><li>• Online relationships</li><li>• Being safe</li></ul>	<ul style="list-style-type: none"><li>• Mental well-being</li><li>• Internet safety and harms</li><li>• Physical health and fitness</li><li>• Healthy Eating</li><li>• Drugs Alcohol and Tobacco</li><li>• Health and prevention</li><li>• Basic First Aid</li><li>• Changing adolescent body</li></ul>

# Science Curriculum



- ▶ As part of the Science curriculum we teach the following statutory objectives that build understanding about growth and reproduction:
- ▶ Key Stage 1 (age 5-7years)
  - ▶ Year 1 pupils should be taught to: Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
  - ▶ Year 2 pupils should be taught to: Notice that animals, including humans, have offspring which grow into adults Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.
- ▶ Key Stage 2 (age 7-11years)
  - ▶ Year 5 pupils should be taught to: Describe the life process of reproduction in some plants and animals. Describe the changes as humans develop to old age.
  - ▶ Year 6 pupils should be taught to: Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

# Why is Relationship and Sex Education important?

- ▶ Entitlement
- ▶ Puberty is starting earlier- for some children by age 8
- ▶ Unwanted conceptions
- ▶ Sexually transmitted infections
- ▶ Safeguarding
- ▶ Grooming
- ▶ Child Sexual Exploitation
- ▶ Abuse
- ▶ Sexting
- ▶ Online pornography



# What is effective Relationships and Sex Education?



- ▶ Age appropriate
- ▶ Based on needs of pupil
- ▶ Progressive
- ▶ Inclusive
- ▶ Delivered by trained staff in a safe environment
- ▶ Prepares children adequately for puberty in a timely way
- ▶ Prepares children for adult life
- ▶ Promotes positive relationships

# Your rights as a parent...



- ▶ To be informed of the RSE curriculum and policy
- ▶ To be consulted about changes to these
- ▶ To withdraw your child from Sex education lessons (that are outside of/ additional to the Science National Curriculum)



# Recommendations for changes



- ▶ Introduce children to the correct scientific terms to describe body parts in Foundation
- ▶ Challenge the use of 'gay' as an insult and include work around the makeup of different families
- ▶ Explore/ challenge gender roles/ stereotypes
- ▶ Begin to explore puberty changes by the age of 8/9
- ▶ Deliver RSE in a progressive way across the school
- ▶ Ensure that children in Years 5 and 6 receive RSE input around puberty so that they are prepared as soon as possible for the onset of puberty
- ▶ For some sessions on Sex Education consider single gender sessions.



# Summary...

- ▶ Parents have the right to withdraw children from Sex Education lessons at Primary School that go beyond the content in the Science National Curriculum
- ▶ Topics covered related and linked to the Science Curriculum are statutory and not optional to teach. This is as follows:
  - ▶ In Key Stage 1, children learn that animals, including humans, have offspring that grow into adults. They should be introduced to the concepts of reproduction and growth but not how reproduction occurs.
  - ▶ In Upper Key Stage 2 (Years 5/6), children are taught about the life cycles of humans and animals, including reproduction. They also learn about the change that happens in humans from birth to old age. This includes learning about what happens in puberty.
- ▶ School's have the right and obligation to teach RSE topic to prepare children for life when they leave school
- ▶ The curriculum on Relationships and Sex Education should complement, and be supported by, the school's wider policies on Behaviour, bullying and safeguarding (PDL; E-Safety and Relationships etc.)



## Next Steps:

- ▶ Please look at the RSE materials on the school website:
  - ▶ Relationships and Sex Education Policy
  - ▶ Relationships and Sex Education - Frequently Asked Questions
- ▶ Please provide **RSE Consultation Feedback** by completing the form - <https://www.queensinclosure.hants.sch.uk/form/?pid=2&form=509> .

We are particularly interested in your views about when to tackle different concepts and any areas you might like further support with at home.